

Plymouth Pulse



Volume 5, Issue 1

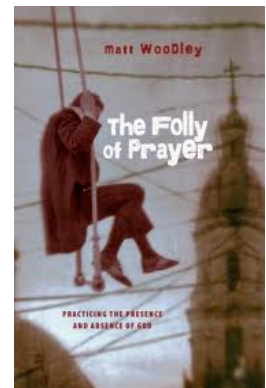
Winter 2014

From the Desk of Pastor Steve

What are we talking about when we talk about prayer?

I recently picked up a book called *The Folly of Prayer* written by author and pastor Matt Woodley. In it he explores the full biblical range of prayer. Many or most of us have been brought up with the ACTS formula of prayer (Adoration, Confession, Thanksgiving, and Supplication). Woodley however wants to push beyond ACTS to explore all the different ways that we communicate with God as well as the ways God communicates with us. Reading the book, it struck me that the types of prayer he explores would make for a great sermon series. So from now until the season of Lent, we'll try to answer more fully the question, "What are we talking about when we talk about prayer?"

- Prayer as absence (Ps 42:1-3)
- Prayer as desperation (Ex 2:23-25)
- Prayer as argument (Gen 18:22-27)
- Prayer as mystery (Ps 88)
- Prayer as a long, slow journey (Heb 11:8-19)
- Prayer as physical (Ex 12:1-30)
- Prayer as paying attention (Mt 13:14,15)



Equipping disciples to become neighbors...
...inviting neighbors to become disciples.

Kids' Night IN!

On the evening of January 3, as temperatures hovered in the teens and below, 75 parents and children from Plymouth and from the neighborhood enjoyed the warmth of the Community Room. Amanda Elder greeted guests at the registration table. Armed with pillows and blankets they watched a movie, played games, ate popcorn and made crafts. Sherlynn James is excited that this night brings families together and sees it as a meaningful event for the entire community. Thanks to Sherlynn and several other volunteers who helped to organize Kids' Night IN!



Family Promise

The following consists of excerpts from a report written by Ellen Hekman for the Neighborhood Engagement Team. Many thanks to Chuck and Ellen Hekman, Bob and Jane Brouwer, and the many volunteers who support Family Promise.

Family Promise is part of a national program founded in 1986 and since then, has expanded to include 5,500 congregations and 150,000 volunteers across the country. The Grand Rapids program began in 1997 and has served more than 800 families.

The goal of the program is to end homelessness, one family at a time. Family Promise encompasses several initiatives: the Interfaith

Hospitality Network is the emergency shelter portion of the program; the staff of Family Promise also works with the participants to find transitional housing, and the Partners in Housing program seeks permanent housing for residents. Families in emergency shelter are also assisted in searching for jobs and obtaining necessary services and support during the day, which they spend at the day center on Division Avenue (or at school, for the children), moving to the host church for dinner, evening and overnight times.

**NEXT SESSION AT
PLYMOUTH:**

**WEEK OF
FEBRUARY 16**

**WATCH BULLETIN
FOR DETAILS AND
FOR OPPORTUNITIES**

In Grand Rapids, 15 congregations are participating as host churches, with an additional 15 serving as support churches who are paired with the host and share duties during the hosting week. Family Promise tries to help

the participants find transitional or permanent housing within 30 days, but does not cap the time that they can stay in the program. Last year, 93% of the Grand Rapids Family Promise families found permanent housing, and 91% of the families housed in 2009 remained independently housed for one year or more.

Plymouth Heights has been participating as a host church since 2011, with Lisa Brouwer serving as the primary coordinator. Jane and Bob Brouwer and Chuck and Ellen Hekman took over as coordinators in 2013. Al and Jan Gelder and Tom and Mary VanWingerden also coordinated the August session. During the next rotation, we will host families at Plymouth Heights the weeks of February 16, May 25, October 5, and January 4 (2015).

Continued on page 3

Happy Anniversary!

Congratulations!

Doug and Kathy Kool

35 years—January 6

Ed and Helen Kingma

65 years—March 11

All wedding anniversaries are noteworthy, but the above are special. If you celebrate a "special" anniversary in January, February or March, and it is not listed, please let us know.

You will see it in the next issue!

Volunteer Update

One of the Plymouth Pulse's co-editors, Dawn Gebben, is transitioning away from her editing responsibilities. She'll continue to work as a reporter for the Pulse but she'll no longer be involved in pulling it all together. I'd like to take this opportunity to thank both Dawn and Eileen Dykstra for the wonderful job they've done in bringing the Plymouth Pulse back to life. Thanks too to Katie Sytsma who has taken over layout duties from Jeni Stamas. We're truly blessed by the way the Pulse has kept all of us connected to the life and ministry of the church.

--Pastor Steve

Family Promise, continued

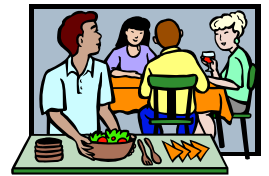
Using the classrooms in the basement, we host up to five families (maximum of 15 individuals) for a week each time, from Sunday afternoon through the next Sunday morning. Church members assist with setting up the facility on the first Sunday, and cleaning up on the last Sunday. The families arrive at the church at 5 p.m. on weekdays, and volunteers are involved as evening hosts to interact and provide dinner for the participants, and then two volunteers stay overnight at the church with the families. On Saturdays, there are Plymouth Heights members at the church as hosts with the families all day, and serving each of the meals.

There are approximately 70 to 75 volunteer opportunities throughout the course of the week, and in the last session, we had about 35 people filling all of those roles, with about six of those spaces filled by individuals from our support congregation, Thornapple Covenant. Many of these commitments involve just a couple of hours or less. One of our most significant needs is for more participation from Plymouth Heights members to fill the volunteer spots

throughout the week. Our volunteer sign-ups are done primarily on-line, with a link on the PHCRC webpage.

All four of us current coordinators have been involved with the program since Plymouth Heights started participating in 2011, even before becoming the coordinators in the past year. We will attest to the blessings experienced as volunteers! Interacting with the families is overwhelmingly positive; in nearly all situations, these people are kind, friendly and simply in need of some assistance to help them get to a position of independence again. Living in poverty and need creates different ways of thinking or reacting, and while most of us we may not share their circumstances or needs, we can provide Christ's love and caring in our actions, words and support as they move toward change and a brighter, more secure future.

--Ellen Hekman



Children's Worship

If you walk down the hallway of classrooms in the church basement, you may have noticed the bulletin board outside of the Praise and Play Room. It shows a green meadow where the sun is shining, the water is shimmering and the sheep are...hanging?

Each sheep sports a name of a child in our congregation. After singing in the choir room with Mr. Doug (DeVries), they head to their classrooms. In route, they find their own sheep and bring them to class, where there is "sheepfold" with labeled hooks, waiting for sheep to "rest" while the kids in class.

This sheep-system works two-fold. It encourages the kids to *walk* to their classrooms and *pause* to find their sheep, AND, it helps teachers and parents to know who is still in the classrooms. With the large number of kids (members and visitors) who are making their way downstairs, this is a great way to keep track of how many kids are in each classroom, and when they are picked up and dropped off.

--Amy Blom

Rory Brouwer is moving her "sheep" into the "IN" spot on the bulletin board with the help of her dad! Thanks, Amy, for your creativity and for ensuring the safety of Plymouth's children!



Council Meeting Minutes—September 23, 2013

Membership Transfers

In: Matt and Megan Wunderink and daughters Sophia and Violet, from Grace Valley CRC of Las Vegas, NV.

Out: Brian and Lori Vander Baan to affiliate with Ada Bible Church of Grand Rapids.

Out: Cheryl (Schuiteman) Stark to affiliate with Keystone Church of Grand Rapids.

Out: Esther Richards to the Free Reformed Church of Grand Rapids.

Correspondence requiring action presented by Corresponding Clerk Lori Tilma:

Letter from the CRC Denominational Headquarters requesting churches a) to pray for the search for a new executive director and b) to solicit names of qualified candidates.

Letter from the CRC Denominational Headquarters announcing a meeting at Alger Park CRC on October 10 to discuss denominational concerns.

Reports

President Mulder announced to Council some Admin actions from Sept 16, 2013:

1) Federal, State, and Local Elections will be held in the Community Room, not in the Nursery. (The decision entails cancelling Basketball Night on Nov. 5, 2013, Feb. 25 and May 6, 2014.) 2) Parsonage improvements were approved to \$25,000, the money to come from the Building Fund. 3) Parsonage rental, set at \$850 -- only if renting to ministry staff member -- will have \$600 go to the Building Fund and \$250 to the Ministry Fund. 4) Parsonage rental will be noted in the annual budget. Deacon Paul Holwerda emphasized setting a goal for completion of Parsonage refurbishment and suggested January 1, 2014 as the targeted date.

Treasurer's Report YTD August 31, 2013: (statement handout) Treasurer Mike Brouwers noted the current deficit \$65,000 minus a prior year surplus of \$28,000 leaves a net deficit of \$37,000.

President Mulder noted that the Child Safety Policy training needs to be provided to Friendship Mentors who are members of other Congregations.

Ministry Reports

Handouts received for information from Rev. Steve DeVries, Rev. Sarah Albers, Ms. Megan Wunderink, and Ms. Sherlynn James. Rev. Albers highlighted some members who need a scheduled visit, and asked for volunteers. Revs. DeVries and Albers noted that we need more volunteers for the Children and Youth programs.

Standing Committee Reports – Liaisons

Worship – Olga Leder: Report from Chairperson Deb Feys received for information.

Congregational Life – Tom & Mary Van Wingerden: Report from Chairperson Deb Hall.

Youth & Education – Lori Tilma: In addition to the Ministry reports from Megan Wunderink and Sherlynn James, Y&E submitted an initial draft of their budget for 2014.

Neighborhood Engagement Team (NET) – Tom Brassler: No written report. Tom reported verbally that Jenni Stamas has retired after two terms as the Chairperson of NET, and Brad and Wendy Brummel will co-chair the committee.

Global Engagement Team (GET) – Mary Gerritsen: Report from Chairperson John DeVries received for information.

Properties – David Vriesman: Report from Chairperson Lory Bakker received for information.

Finance – Mike Brouwers: the Bardolphs will be stepping down after 6 years as the bookkeepers for PHCRC; Dave Veen, member of Finance Committee, is looking into a replacement; Electronic Funds Transfer is now available – a handout is in members' communicator boxes.

Endowment – Paul Holwerda: Report from Chairperson Clarence Menninga received for information, with one 3-part action item from the committee (see handout for rationale).

MOTION: That Clarence Menninga be reappointed to the Committee as Chairman for a term of 3 years. That Lory Bakker be reappointed to the Committee for a term of 3 years. That Ray Mulder be asked to serve as Adviser to the Committee for one year (2013-2014). MOTION PASSED.

Old Business

How Things Work - Council Procedures: President Ray Mulder read and distributed a document he prepared (as requested in the June 17, 2013 Council meeting) describing PHCRC Council Procedures and containing 6 main topics fleshed out with details.

Strengths Opportunities Committee Update - Paul Holwerda

New Business

Intergenerational Ministry: Rev. Sarah Albers, Megan Wunderink and Sherlynn James are wondering how to increase intergenerational ministry.

Receipts/Budget Reporting in the Bulletin: Based on discussions in Elders and Administrative Council, Treasurer Mike Brouwers brought two related MOTIONS:

Continued...

Sept. 23, 2013 (continued)

1) To discontinue reporting weekly receipts and weekly budget amounts in the bulletin, and 2) to include a note with quarterly statements 1, 2, and 3, containing factual data plus editorial comment. Rationale: A one-week snapshot is not a large-enough picture to be meaningful; weeks where receipts are significantly lower than budget can be disconcerting to members and especially guests; weeks with significantly higher receipts can be misleading. **BOTH MOTIONS PASSED.**

Other Business

Budget Boxes to ALL Professing Members. **MOTION PASSED** from Deacons: that giving envelopes be distributed to all persons upon making public profession of faith at Plymouth Heights, regardless of age. The ordering and distributing of the envelopes should be executed in the same fashion as when an adult member transfers into our congregation.

October 21, 2013

Reports:

Parsonage Refurbishment--Administrative Council sought Council endorsement of the actions it had taken with respect to issues of refurbishing and renting the parsonage that are presented as following.

- 1) **MOTION PASSED:** To do everything on the Parsonage Refurbishment Hit List except "Optional to remove 1950s tile flooring and walls in all bathrooms and update with new tile".
- 2) **MOTION PASSED:** To allocate \$25,000 from the Building Fund (i.e. \$20,000 in addition to the currently allocated \$5,000 startup funds) to do the refurbishment.
- 3) **MOTION PASSED:** That Properties Committee inspect the parsonage annually and recommend any maintenance; the inspection to be done in time to allow the development of valid costs for inclusion in the next annual budget.
- 4) **MOTION PASSED:** To deposit approximately two thirds of any parsonage rent received into the Building Fund and remainder into the Ministry Fund.
- 5) **MOTION PASSED:** That if the renter is a ministry staff member, rent be set at \$850 per month, including gas and electric utility costs. The church will continue to pay the water/sewer bills as it has in the past.
- 6) **MOTION PASSED:** \$600 of the monthly rent money will go to the Building Fund and \$250 to the Ministry Fund.

Treasurer's Report YTD September 30, 2013: Treasurer Mike Brouwers discussed the Summary Income Statement through September 30. He noted the Total Deficit of \$36,183 and that giving traditionally increases the last 2 months of the year so no special request will be going out at this time.

Finance Committee: Council received a recommendation from the Finance Committee which it treated as a **MOTION PASSED:** To hire Mr. Robert L. Buffham on a part-time basis at an hourly rate of \$27.50 to perform accounting services. Grounds for the recommendation, Mr. Buffham's resume and a letter of recommendation from Rev. James Karsten of Cascade Fellowship CRC (who also continue to use Mr. Buffham's services) were presented as handouts.

President Ray Mulder will draft a letter of thanks to Mark and Brian Bardolph who have faithfully done an excellent job for the past 6 years for a very nominal fee. President Mulder will also draft a letter of thanks to the Finance Committee for promptness in finding a replacement, and a letter to David Veen in appreciation of his leading the successful search effort.

New Business

Review 2014 Budget Draft: Treasurer Brouwers led the discussion of the 2014 Budget which had been discussed and revised at Administrative Council.

MOTION PASSED: To reinstate the \$1,100 item for Deacons' support of college students and military personnel. (Admin Council had removed it from the second draft.)

MOTION: To delete the \$50 item for Blood Drives. With support from Deacon Joe Geelhoed who heads up the drives, the **MOTION PASSED.**

Review Percentage Giving Guidelines: Council held a brief discussion about the guidelines -- 6% for Ministry Fund, 2% for Christian Education Fund, 1% for Special Missions Fund. It was noted by Christian Ed Fund Treasurer Jonathan Poel that Christian Ed giving is indeed down about one third, coinciding with the change from 3% to 2%. **MOTION PASSED:** to continue with the 6%/2%/1% guidelines.

MOTION PASSED: That the annual congregational meeting be scheduled for December 8, 2013, after the morning worship service.

Other Business

Parsonage Rental: The following motion resulted from a discussion of parsonage rental issues.

MOTION PASSED: To establish a 3-year lease, after which the parsonage costs and utilities expenses can be reviewed and the rent adjusted if appropriate.



Welcome New Members!



Joel and Sherlynn James were officially welcomed to Plymouth in October, 2013, and their children, Isaac and Naomi, were baptized. Joel is in the Army Reserves and Sherlynn is Plymouth's Family Life Coordinator. They have been participating in the ministry at Plymouth for several months, and we're delighted to welcome them to our church family!

Kate and Jeff DenBraber come from Mayfair CRC and with their son, Benham, joined Plymouth in January. They both noted the growing number of young people in our congregation. Kate teaches part time at Walker Charter Academy and Jeff is an attorney at Peterson Paletta. Benham was baptized at Plymouth on January 12, in the presence of many friends and relatives. Welcome, Jeff, Kate and Benham!



Matt and Megan Wunderink and daughters Sophia and Violet come from the Grace Valley CRC of Las Vegas, NV. Megan (our Minister of Youth) lived in Las Vegas for the last 13 years and Matt for the last 9. Megan's family is from MI and Matt's family lives in Canada, near Niagara Falls. Matt, who has a background as environmental consultant, works in Holland for Nederveld Engineering, as a Project Manager. He assists clients with locating and reporting environmental concerns on their properties. We're happy to have you at Plymouth!

Library Update!

Inspired by a \$5,000 gift to the church library from Caroline Nelson, a beloved Plymouth member who passed away in February, 2013, Kelly Buist went to work! The library has been updated, reorganized, and in some cases, purged. Come see the new organized look, complete with labeled books for all ages. There are also Bible study books (many donated from Zondervan), Christian living books, and DVDs.

Thanks, Kelly, for your continued work in the library. Because of her enthusiasm, I am watching Auto B Good with grandchildren on cold winter days! April is pictured with Kelly as she chooses books "to help me learn more about the Christian life."



Coffee Fellowship

In the Banner of August 17, 2012, Otto Selles, a Calvin College professor, wrote an article entitled “Negotiating Coffee Time: Introverts at Church.” In that article he wrote the following. “I tend to feel guilty after church. It’s not the sermon but the coffee fellowship after the service that makes me feel uncomfortable. I usually wait on the edge of the group and try to talk to one person. If that doesn’t work out, I retreat to the church library, where I’m sure to run into someone I know well or find the company of a good book. And then I feel guilty for not being more gregarious. Shouldn’t it be easier for me to elbow my way into the crowd at my church and join the conversation? According to Susan Cain’s recent book *Quiet: The Power of Introverts in a World That Can’t Stop Talking*, I shouldn’t feel so guilty. In fact, I probably represent the feelings of 30 to 50 percent of the population. Psychologists call us introverts.”

Otto Selles also describes ambiverts and extroverts and ends with these sentences suggesting we need to find balance between introversion and extroversion: “Such a balance is not easy. Think of Moses, who had to encounter a burning bush to get some fire in his robes. Or Peter, who had to be told three times to think before he spoke. Or Jesus, who preached to huge crowds (what an extrovert!) and also left his disciples to spend forty days in the desert (what an introvert!). So, introverts, venture boldly into that after-church coffee-drinking crowd. And extroverts, make your way to the church library now.”

Whether you are an introvert, ambivert or extrovert, we encourage you to attend Coffee Fellowship. Deb Hall organizes the volunteers listed below, and more are welcome. Volunteers make Coffee Fellowship possible at Plymouth! For a copy of the article “Negotiating Coffee Time: Introverts at Church” or if you wish to borrow Susan Cain’s book, *Quiet: The Power of Introverts in a World That Can’t Stop Talking*, please see Eileen Dykstra.

Mike and Deb Feys
 Chuck and Ellen Hekman
 Paul and Sulan Yu
 Paul and Janeen VanSwol
 David and Danelle Leugs
 Dave and Fae Diepstra
 Doug and Kathy Kool
 Todd and Missy Harkema
 Phil and Deb Hall
 Paul and Lory Bakker



Paul and Susan Holwerda
 Tom and Laura Stuyfzand
 Mark and Helene Bardolph
 Joe and Alice Geelhoed
 Larry and Lori Tilma
 Jeff and Sandy Peterson
 Michael and Andrea Lautenbach
 Tom and Bea Diepstra
 Lynn and Mary Faber

70 Years!

Ken and Jeanne Bergsma, charter members of Plymouth Heights, celebrated their 70th Anniversary in October. With Ken and Jeanne and their family we enjoyed cake and coffee after a morning service. Congratulations, Ken and Jeanne! Your marriage is an inspiration to your church family!



Our PHCRC Endowment Fund

Over the past 21 years, our Endowment Fund has grown to \$198,000; a significant amount of the increase has come from individual contributions, but most of it has been provided by testamentary gifts. We thank God not only for these gifts, but also for what these gifts have been able to provide for our church.

The Endowment Fund was established by the Council of Plymouth Heights CRC in 1992, upon recommendation from a Financial Task Force that had been appointed to do a broad review of the financing of the various ministries carried on by Plymouth Heights CRC. A set of Bylaws was drawn up and approved by Council, and an Endowment Fund Committee was appointed to oversee the investment of the Fund, the protection of the Fund, and the distribution of earnings from those investments. The Committee consists of six members appointed by Council. Your current Endowment Fund Committee: Clarence Menninga (chairman), Sam Anema, Lory Bakker, Paul Holwerda, Mary Kline; Ray Mulder, adviser.

The distributions from the Endowment Fund during its history have amounted to a total of \$59,715. Praise the Lord! An additional \$8000 has been set aside from earnings thus far (December 1) in 2013 for distribution in 2014.

Earnings from investing the Endowment Fund have enabled us to purchase or contribute toward the following over the past many years for our church:

- new trailer for Cadet and Youth programs
- Congregational Life Retreat
- softball equipment
- remodeling in the basement kitchen
- basement Fellowship Room sound system
- lockable file and closet shelving for church
- new lighted message outdoor church sign
- fabric for sanctuary worship banners
- defibrillator
- shades for the Community room windows
- sound system upgrade
- office equipment
- music: piano servicing
- Children's Worship room
- entry snow/slush mats
- bike racks
- additional work on the sound system
- Marriage Encounter
- Friendship
- kitchen mixer
- new vacuum and new carpet cleaning machines
- Missions

- Clarence Menninga

Contributions to the Plymouth Heights Endowment Fund are always welcome. We also would be happy to talk with you about including the Endowment Fund as a beneficiary of your will or trust. Your gift to the Endowment Fund keeps on giving year after year, through investment earnings.

If you have any questions or suggestions regarding the Endowment Fund, please feel free to contact any member of the Endowment Fund Committee.

A Grande Dame: Parsonage Update

She can't attend church, but she has been a huge asset to the ministry of Plymouth Heights CRC for more than 50 years. The parsonage has been a home for our pastors and their families, including the VanDykes, VanElderens, Molenbeeks and Driesengas, and over the years has been a place of church hospitality and meetings, as well as an attractive, well-kept property enhancing the neighborhood. It had not seen major attention since the time of the VanElderens (1980s), so when the Driesengas moved to Africa this summer and the home became vacant, it was the right time to repair and update several aspects of it.

With approval of Council to spend up to \$25,000 to improve energy efficiency and update the interior, the Properties Committee made an itemized list of the most important projects. In the month of October volunteers, including Larry Tilma, James Vasquez, Jeff Peterson, and myself, removed old carpeting, wallpaper, and insulation, and in early November foam insulation was sprayed into the attic and rim joists by Bruce Gilman and his team at Advanced Insulation Technology. Mike Feys installed a new energy efficient furnace and water heater, and the home will now be much more energy efficient. In the future the Committee hopes to replace many of the original windows with new better insulated and easier maintenance ones, as funds allow.

November and December were dedicated to some cosmetic updates. When carpet was removed the Properties Committee was pleased to discover some hardwood floors, so the living room and dining room floors were sanded and beautifully refinished. The interior of the home was painted, the kitchen received new flooring, countertops and some appliances, and the stairway and upstairs were carpeted. Less noticeable updates were air duct cleaning, basement carpet cleaning, tile cleaning, and updating electrical outlets. In 2014, the exterior of the parsonage will be painted and new garage doors installed.



The best aspect of updating the parsonage is that it is the home of Pastor Sarah and Tim Albers and their girls! We are so fortunate to have such a wonderful young family living and working next door to the church, and are grateful to see them continuing to use the parsonage to enhance the ministry of Plymouth Heights.

--Lory Bakker, for the Properties Committee. Thanks to Lory, properties committee, and volunteers for the many hours invested in the parsonage project.

ZUMBA is coming to Plymouth Heights!

For those of you who do not know what Zumba is, it is a combination of exercise and dance moves set to music. Made up of 70% Latin/International flavor music and 30% Hip-hop/Pop music, Zumba is a total body workout with a "party-like" atmosphere. Not a great "dancer"? Not a problem! Zumba is not a dance competition, and you can set your own pace and fitness level.

Classes will be held Thursday nights from 7-8 pm in the Fellowship Room downstairs. Bring a water bottle, a towel for sweat, and wear shoes and clothing you feel comfortable working out in. If it is your first time attending, please come 10-15 minutes early to fill out a waiver form and a contact information sheet.

For more information, please check out my website <http://blom12.zumba.com> "Like" me on Facebook www.facebook.com/zumbaamy12. Or e-mail me at zumbaamy12@gmail.com Come and check it out! I cannot wait to Zumba with you!

--Amy Blom

A Closer Look at the 2013 Thanksgiving 'Clouds'

Can you find the item you added to the Thanksgiving Cloud?



Plymouth Heights
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Minister of Worship, Leadership.....	Rev. Steve De Vries
Minister of Congregational Life.....	Rev. Sarah Albers
Pastor of Youth and Education.....	Megan Wunderink
Minister of Music.....	Doug De Vries
Children's Ministry Coordinator.....	Sherlynn James
Head Organist.....	Annelle Dekker
Secretary.....	Janeen Van Swol
Custodian.....	Marv Huizenga

Our Children Give Thanks

brothers
 Nana making cookies
 Jesus died for us
 life school sister Julia
 Uncle Drew bird decoration with bells skating rink Jesus
 cows new baby brother
 soap Little Oasis
 Chloe
 mommy cat dogs Papa
 pets
 jumping on bed
 karate Dad bedroom
 cadets apples
 books